

John:

Last month we spent time with the Lords of Light as well as Lord Melchizedek. They shared with us the fact that the change in our consciousness is being transferred to us physically to assist in upgrading the body to a 5th dimensional level. We can experience ourselves as a single entity as well as part of the Collective Consciousness at the same time.

The Shift has now taken place where we can all share our mastery with the group by sharing in the open conversations, which you all just did. This communication is also important to assist in co-creating with them our curriculum of future studies.

Lord Melchizedek explained that it will take several months to integrate the effect of the 4th Triad. It will assist us to remain calm and be able to release the fragments in our mental-emotional bodies that no longer serve us. Releasing these anomalies is a key component in upgrading the Light frequencies that are held within our physical body. In our transformational process, the crown chakra stays open to bring in Undifferentiated Light along with peace and harmony. When Undifferentiated Light flows coherently throughout the entire energy system and also emanates that Light consistently, we can assist in transforming the Earth and all of humanity. We can transmit these creative energies to the Earth and the Elementals to alter the frequency and vibration of matter.

Now, when you do your work individually, you can then share it with the Collective, which helps you hold the energies of the 5th dimension stably.

It is very beneficial to review what we have all learned to date, especially the chakras, the Triads, the mental-emotional body, the Blue Star Tetrahedron that brings Unity to the 14-chakra system. You can also review the Color Codes, the use of Sound and various geometries. These three are excellent tools to be applied to the various organs and other parts of the body. Finally, the Lords of Light mentioned that we should gather with them Heart to Heart and shoulder to shoulder and realize that we are in a state of being of our Christed Essence, and we are the Christed OverSoul in form today.

Now we will be chatting very soon with the Lords of Light. When the energy segment is finished, our session will be complete. The Lords of Light have asked that we meet twice a month until the conference, because they want to make sure we have all the tools and information that is needed for our evolvment and also for the service project that we will be doing in our conference.

Therefore, our next meeting will be Tuesday, March 28, same time, same place. You will get an email reminder of the revised schedule of meetings before our next gathering.